

# SPIRIT ANIMAL AWARENESS Oracle Cards

Spirit animals are powerful allies. They can help us create positive changes in our lives if we're willing to listen and pay attention. Working with them can help us to bypass our ego mind, and see through illusion to the truth of what is going on within ourselves and in our relationships with others.

This guidebook is meant to be a starting point, providing basic tips and instructions for using the cards. An expanded guidebook with more detailed information on each animal is available for free download on my website at [BrightSpiritRising.com/cards](http://BrightSpiritRising.com/cards). Enjoy!

Love & Light,



Christie Michelsen  
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## **Understanding Spirit Animals**

Spirit Animals are archetypes or spiritual energies that carry the frequency of a particular animal. These energies resonate with us to different degrees, and reflect what is going on within us.

Animals are really good at surviving and thriving in harmony with their surroundings. They also naturally live their purpose. As animals go about their business in their natural environment, it helps everything around them thrive, too. They can teach us to live in harmony with our world, and be true to ourselves. We are animals, too, after all!

I've created this deck to provide a structured yet flexible framework for inviting the spirit animal energies to work with you. The Spirit Animal Awareness Cards can help you instantly and profoundly receive wisdom from your animal allies whether you are just starting out with animal guides or already are deeply connected with the spirit animal world.

## **How to Use the Spirit Animal Awareness Cards**

When you first receive your cards, take them out of the box, spread them out, and let them breathe. Notice your emotional reaction as you touch and look at each card. (There's no right or wrong, just observe.) You might want to breathe on them, bless them and/or send energy to them with the intention that they assist you in healing, in alignment with Light and highest good.

This deck includes two blank cards. Use these to represent animals that are important to you that don't appear in the deck. You can draw them in or just write the animal's name at the top. As you research the animal you can also fill in its traits or symbolism.

You can use these oracle cards in any way you can imagine, by themselves or in conjunction with tarot cards, other oracle decks, or crystal grids. Here are some ideas to get you started:

**Single Card Draw:** Shuffle the deck

any way you like. Then, without looking at the fronts of the cards, choose a card. Use this method for daily guidance, or to provide clarity for a specific issue. You can also use it to deepen and expand readings done with other types of cards.

**Three Card Spread:** This is a good one to use if you'd like clarity on a situation. Shuffle your deck, then draw three cards and lay them out left to right. The left one represents the origin of the situation. The middle one represents the present. And the one on the right represents the outcome (assuming your intention remains constant.)

**Intuitive Spread:** Shuffle your deck. Then pick whatever number feels right between one and ten. Draw that number of cards and lay them face down in any pattern you like. Now, ask your angels and guides what the first card represents. Don't think too much – usually the first thing that pops into your mind is the right one. Do the same

for each card in order. (It helps to write it down.) Now, turn over the cards. As you do the reading, notice not just the cards but their relationship to each other. This can be a powerful spread to shed light on a complex situation or relationship.

**Open Draw:** Spread all the cards out face up in front of you. Take some time to just look at them. Have fun rearranging them. Notice which ones attract you most. If a specific card keeps calling to you, OR if you notice you have a highly negative reaction to a particular card, that animal likely has a message for you.

**Meditation Cards:** If an animal card calls strongly to you, you can use it as a focal point for meditation. Or, simply display the card as artwork. The energy of that animal is present in the card, and having it in your space can help you access its medicine. (If you want to keep your deck intact, you can order prints of the art at [BrightSpiritArt.com](http://BrightSpiritArt.com). If you don't see the one you want, just

email me and I'll make it available.)

## **Interpreting the Cards**

Every animal has its super powers. These are behaviors and characteristics that the animal has developed to help it survive and thrive. By observing these traits, you can get a feel for the animal's 'medicine' – the positive power of the animal. For instance, Rabbit is very prolific. Therefore it is associated with abundance and creativity. Rabbit also has other traits which correspond with other energetic strengths.

For easy reference, I've interpreted many of each animal's positive attributes on the cards. This is meant to be a starting point. At times you may want to find out more about an animal for a more accurate or in-depth reading. You can do this by researching the animal online, observing it in person, or through intuitively asking the animal about its message.

**Shadow Traits:** There are times when an animal's traits or instincts backfire

and do not serve the animal well. In nature, this can happen in the predator-prey relationship or when the animal is not in its ideal environment. It can also happen when the animal comes into contact with humans. These shadow traits represent negative or repressed expressions of an energy or power. For instance, Rabbit is very sensitive and literally has a thin skin, and can symbolize an overly sensitive tendency in a person.

I've listed shadow traits on each card as well. However, please do your best to avoid falling into patterns of judgement. Keep in mind that ALL animal traits stem from the need to survive. Behaviors and energies that appear to be negative are often simply misdirected energies, or ones that are out of place or no longer needed in present circumstances. Negative energies can often be transmuted into positive ones.

Intuition is key to interpretation. An animal can mean different things to

different people or to the same person at different times. Finally, no animal exists in isolation. To go deeper with your readings, consider also an animal's natural habitat and its predator/prey relationships.

Thank you for purchasing the Spirit Animal Awareness Cards. Enjoy! :-)

*An expanded version of this guidebook  
will be available at  
**BrightSpiritRising.com/cards.***



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*Healing Arts for Awakening Souls*

For more spirit animal information or to book an intuitive reading or healing session with Christie Michelsen, visit [www.BrightSpiritRising.com](http://www.BrightSpiritRising.com).

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